

DYNAMIC TAEKWONDO NEWSLETTER

Week of 10/21-10/25

New This Week

Welcome to Our First Newsletter!

We're excited to bring you all the important updates and links you need in one place. This week, we're gearing up for our big Trunk or Treat event! If you haven't signed up yet, don't wait—spots are filling up fast. We're also on the lookout for cake donations for our Cake Walk, so if you'd like to contribute, let us know!

Reminder: All students must be in full uniform during class. Let's keep the discipline strong! Stay tuned for more updates and don't hesitate to reach out if you need any information



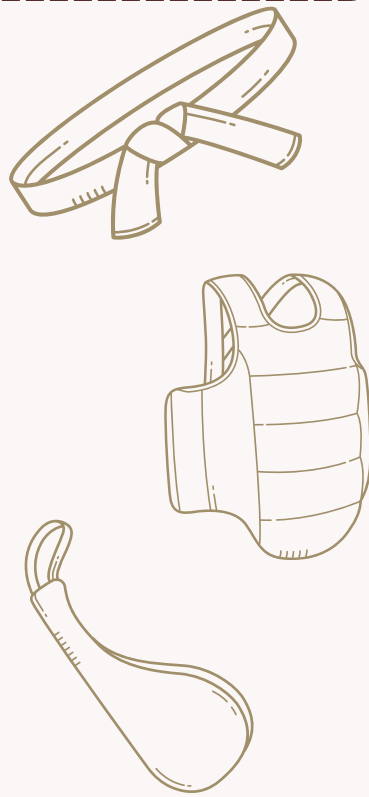
OUR CLASS FOCUS

In class this week, we're sharpening our skills with a focus on **Activity** to keep students energized and engaged. We'll be fine-tuning **Form Techniques** to enhance precision and mastery.

Lastly, we're emphasizing **Character Development**, helping students build confidence, discipline, and respect both in and out of the dojang. Let's keep the momentum strong and grow together!

IMPORTANT DATES

☀ CCPS Early Dismissal	24 Oct
☀ CCA Early Dismissal	25 Oct
☀ Millwood No School – Camp Day	01 Nov
☀ CCPS/Millwood No School – Camp Day	04 Nov
☀ CCPS/Riverside No School – Camp Day	05 Nov
☀ St. Bridget No School – Camp Day	15 Nov
☀ Millwood/St. Bridget No School – Camp	25 Nov
☀ Millwood/St. Bridget No School – Camp	26 Nov
☀ Riverside Early Release	26 Nov
☀ Thanksgiving Dynamic Closed	27 Nov
☀ Thanksgiving Dynamic Closed	28 Nov
☀ Thanksgiving Dynamic Closed	29 Nov



November B-Days

- Wellington P.
- Ethan P.
- Olivia P.
- Rilynn G.
- Liam H.
- James. O
- Damian W.
- Tyler R.
- Bonnie L.
- Elias S.
- Tanner B.
- Owen H.
- Dahlia L.
- Rowen R.

Happy Birthday



EVENTS

- ☀ Trunk or Treat 26 Oct
- ☀ Moseley Fall Fest 08 Nov
- ☀ Belt Testing 22 Nov



LAST WEEKS RECAP

Last week, we focused on **Flexibility** in class, helping our students improve their range of motion and technique. Outside the studio, we had a blast attending two fall festivals! It was a great opportunity to meet new friends and show off the amazing skills of both our kids and instructors.

Thanks to everyone who came out and represented Dynamic Taekwondo!

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